



# REBEL SPORT

## Sunshine Coast Cross Country Series 2009

Runners and Joggers, Serious and Recreational, All Ages.

Be part of this successful series jointly organised since 2000 by Maroochy Senior Athletics Club and University of the Sunshine Coast Athletics Club. This year again adding indigenous competition. We acknowledge assistance from Sunshine Coast Regional Council.

**Race 1** Sunday April 5th-  
Elizabeth Daniels Park (Cricket Pavilion)  
Syd Lingard Drive, Buderim

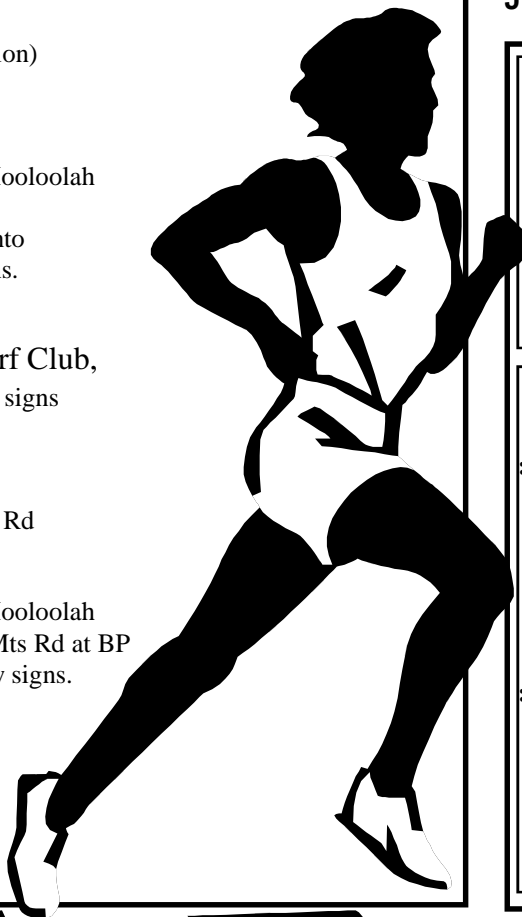
**Race 2** Sunday April 19th-  
Mooloolah / Glenview Park- near Mooloolah  
Country Club  
Turn right off Glasshouse Mts Rd at BP onto  
Mooloolah Connection Rd and follow signs.

**Race 3** Sunday May 3rd-  
Corbould Park , Sunshine Coast Turf Club,  
Caloundra. Caloundra Road and follow signs

**Race 4** Sunday May 17th-  
Ben Bennett Park  
Next to Caloundra High School, Sugarbag Rd

**Race 5** Sunday May 31st-  
Mooloolah / Glenview Park- near Mooloolah  
Country Club. Turn right off Glasshouse Mts Rd at BP  
onto Mooloolah Connection Rd and follow signs.

**Race 6** Sunday June 14th-  
**FINAL / PRESENTATIONS**  
Elizabeth Daniels Park (Cricket  
Pavilion) Syd Lingard Drive,  
Buderim



Just keeps getting bigger and better!

### Registration and Race Fees

#### Registration Fee

Once only fee to cover all races in series

\*QA, QMA, QLA

Registered members - Nil

\*Non Members - \$12 per runner

#### Race Fees

for each race (payable each race day)

\*USCAC/Maroochy Club Members

U/8 free

U/10 to U/18 \$2

18+ \$4

Family (parents and children) \$10

\*All other Runners

U/8 free

U/10 to U/18 \$4

18+ \$6

Family (parents and children) \$15

## Race Day Program

**NOTE: AGE as at 31 / 12 / 2009**

Entries taken on race days.

Please Register 30 mins prior to race start

Open 12km runners eligible for REBEL SPORT prizes

**8.00am 12Km** Male — Open / 40+  
Female — Open (all ages)

**8.00am 6Km** Male — U18 / Open / 40+ / 55+  
Female — U18 / Open / 40+ / 55+

**9.05am 3Km** Male — U14 / U16 / Open / 40+ / 55+  
Female — U14 / U16 / Open / 40+ / 55+

**9.25am 2000m** Boys & Girls Under 12

**9.40am 1000m** Boys & Girls Under 10

**9.50am 500m** Boys & Girls Under 8

Races run; rain, mud, frost  
or shine !

Questions?? Contact  
Andrew Bock Ph 5444 8458 a/h  
mail@sccrosscountry.org



### Pointscore (each age Category)

You must complete 4 out of 6 races to be  
eligible for series trophies

1st - 6 Points, 2nd - 5 Points,

3rd - 4 Points, 4th - 3 Points,

5th - 2 Points, 6th+ - 1 Point.

Results and more

[www.sccrosscountry.org](http://www.sccrosscountry.org)